Programs, Services, Workshops

Programs	Weekday	Time	Location
Bereavement Support Group	Every Thursday - never breaks	10 to 12	PWC - bsmt
Community Holiday Dinners	Christmas, Easter, Canada Day, Thanks Giving	noonish	
Community Gardens	Spring & Summer		PWC - back yard
Computer Literacy	As Needed, by appointment		PWC - bsmt
Death Café	Occassional Sundays - on hold		
Dementia Caregiver Support - AS	on hold	10 to 12	
Device Loan - New Horizons For Seniors	As Needed, by appointment		PWC
Energy for Wellness - Reiki	on hold		
Excursions	on hold		
Expressive Dance	on hold		
Game Night	on hold		
Income Tax (CRA)	completed for 2021		
Intergenerational Singing	on hold	10 to 11	
Ladies Coffee & Cards	Friday - restart June 4, 2021	1 to 3:00	4th Street Place
Men's Coffee & Cards	Tuesday - restart June 8, 2021	1 to 3:00	PWC - bsmt
Meditation	on hold		
Monday Coffee Social Support	Monday restart June 7, 2021	1 to 2:30 pm	4th Street Place
Musical Jammers	on hold		
Fix-It Solutions	Monday to Friday, by appointment	9:00 to 3:00	
Sunshine Singers	on hold		
Tai Chi for Wellness	Thursday restart June 1, 2021	9:15 to 10:15	Heritage Park
Wellness Circle	on hold		
Services			
Adult Day Service	Monday	9 to 3	50 Plus Centre
Better At Home	Monday to Friday, by appointment	9 to 3	PWC
Friendly Visitor/caller	Monday to Friday, by appointment	9 to 3	PWC
Information & Referral	Monday to Friday, by appointment	9 to 3	PWC
Helping Hands	Monday to Friday, by appointment	9 to 3	PWC
Outreach	Monday to Friday, by appointment	9 to 3	PWC
Transportation	Monday to Friday, by appointment	9 to 3	PWC
Grocery Shopping/delivery	Monday to Friday, by appointment	9 to 3	PWC
Fundraisers/Social Programs/Events			
Books, Boutique & Bears	Monday to Friday, two at a time shopping	9 to 3	PWC
Brown Bag Lunch	on hold		
Christmas Craft Fair/Gingerbrd Hs. Comp.	on hold		
End of Summer Gala	Booked for Sept 25, 2021		
Fall Kick Off	on hold		
Spring Wrap Up	on hold		
Sunday Breakfast - Jerry Dober	on hold		
Volunteer Luncheon	on hold		
Other			
Immigrant Services	on hold		
Elizabeth Fry Society	on hold		
Pathways Ability Services	on hold		
Chronic Pain Management Workshop	on hold		
Various other educational workshops	on hold		

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