

October 2024



Peachland Wellness Centre
4475 4th Street, Peachland, BC, V0H 1X6

Phone: 250-767-0141 email: wellnesscentre@telus.net web: www.peachlandwellnesscentre.ca

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 1:00 pm Men's Coffee & Crib	2	3 9:00 am Adult Day Service	4 Office Closed	5
6	7 9:00 am Adult Day Service	8 10:00 am Parkinson's Support Group. 1:00 pm Men's Coffee & Crib	9 10:00 am Tai Chi Heritage Park 1:00 pm Sunshine Singers	10 9:00 am Adult Day Service 1:00 pm Wellness Circle	11 Office Closed	12
13 12:00 pm Thanksgiving Community Lunch	14 9:00 am Adult Day Service 1:00 pm Ladies Coffee	15 1:00 pm Men's Coffee & Crib	16 10:00 am Tai Chi Heritage Park 1:00 pm Sunshine Singers	17 9:00 am Adult Day Service. 9:30 am Bereavement	18 Office Closed	19
20 8:00 am Jerry Dober Community Breakfast	21 9:00 am Adult Day Service 1:00 pm Ladies Coffee	22 1:00 pm Men's Coffee & Crib	23 10:00 am Tai Chi Heritage Park 1:00 pm Sunshine Singers	24 9:00 am Adult Day Service. 9:30 am Bereavement	25 Office Closed	26
27	28 9:00 am Adult Day Service 1:00 pm Ladies Coffee	29 1:00 pm Men's Coffee & Crib	30 10:00 am Tai Chi Heritage Park 1:00 pm Sunshine Singers	31 9:00 am Adult Day Service. 9:30 am Bereavement		