


November 2024



Peachland Wellness Centre
 4475 4th Street, Peachland, BC, V0H 1X6
 Phone: 250-767-0141 email: wellnesscentre@telus.net web: www.peachlandwellnesscentre.ca

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Office Closed	2
3	4 9:00 am Adult Day Service	5 11:00 a.m.Ladies Coffee & Cards 1:00 pm Men's Coffee & Crib	6 10:00 am Tai Chi No Sunshine Singers	7 9:00 am Adult Day Service	8 Office Closed	9
10	11 Office Closed Remembrance Day 	12 11:00 a.m.Ladies Coffee & Cards 10:00 am Parkinson's Support Group. At LSH 1:00 pm Men's Coffee & Crib	13 10:00 am Tai Chi 1:00 pm Sunshine Singers	14 9:00 am Adult Day Service. 1:00 pm Wellness Circle	15 Office Closed 10:00 a.m. Intergenerational Choir	16
17 8:00 am Jerry Dober Community Breakfast	18 9:00 am Adult Day Service 1:00 pm Ladies Coffee	19 11:00 a.m.Ladies Coffee & Cards 1:00 pm Men's Coffee & Crib	20 10:00 am Tai Chi 1:00 pm Sunshine Singers	21 9:00 am Adult Day Service.	22 Office Closed 10:00 a.m. Intergenerational Choir	23
24	25 9:00 am Adult Day Service 1:00 pm Ladies Coffee	26 11:00 a.m.Ladies Coffee & Cards 1:00 pm Men's Coffee & Crib	27 10:00 am Tai Chi 1:00 pm Sunshine Singers	28 9:00 am Adult Day Service.	29 Office Closed 10:00 a.m. Intergenerational Choir	30 Christmas Craft Fair 9:00 to 3:00