

October 2024



Peachland Wellness Centre  
4475 4th Street, Peachland, BC, V0H 1X6

Phone: 250-767-0141 email: [wellnesscentre@telus.net](mailto:wellnesscentre@telus.net) web: [www.peachlandwellnesscentre.ca](http://www.peachlandwellnesscentre.ca)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 1:00 pm Men's Coffee & Crib	2	3 9:00 am Adult Day Service	4 <b>Office Closed</b>	5
6	7 9:00 am Adult Day Service	8 10:00 am Parkinson's Support Group. 1:00 pm Men's Coffee & Crib	9 10:00 am Tai Chi Heritage Park 1:00 pm Sunshine Singers	10 9:00 am Adult Day Service 1:00 pm Wellness Circle	11 <b>Office Closed</b>	12
13 12:00 pm Thanksgiving Community Lunch	14 <b>Office Closed</b> <b>Happy Thanksgiving</b>	15 1:00 pm Men's Coffee & Crib	16 10:00 am Tai Chi Heritage Park 1:00 pm Sunshine Singers	17 9:00 am Adult Day Service. 9:30 am Bereavement	18 <b>Office Closed</b>	19
20 8:00 am Jerry Dober Community Breakfast	21 9:00 am Adult Day Service 1:00 pm Ladies Coffee	22 1:00 pm Men's Coffee & Crib	23 10:00 am Tai Chi Heritage Park 1:00 pm Sunshine Singers	24 9:00 am Adult Day Service. 9:30 am Bereavement	25 <b>Office Closed</b>	26
27	28 9:00 am Adult Day Service 1:00 pm Ladies Coffee	29 1:00 pm Men's Coffee & Crib	30 10:00 am Tai Chi Heritage Park 1:00 pm Sunshine Singers	31 9:00 am Adult Day Service. 9:30 am Bereavement		